Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

We believe in **local**

Swith's of Kinsale
SuperValu
Real Food, Real People



Finalist in SuperValu Store of the Year for 2016



OPEN EVENING

Wednesday 20th January at 8pm in the Red Cross Centre

New Members required, aged 14 years upwards. Can you spare one hour per week?

Ambulance drivers, members to join the First Aid team and general assistants required.

Please come along.

Bruno's Italian Eatery

36 Main Street, Kinsale 021 4777138

Wishing all our customers a happy new year.

BRUNO'S IS OPEN EVERY WEEKEND Friday: 6pm, Saturday: 6pm, Sunday: 5.30pm. EAT IN OR TAKEAWAY









NEW YEAR! NEW YO

Exclusive January Offer

Vital Health & Wellbeing @ Macdonald Kinsale Hotel & Spa

12 Month Membership

with 5 Personal Training Sessions



Other membership options available

Call us today for more information on 021 470 6625 (ext 2) or leisure@hotelkinsale.ie www.carltonhotelkinsale.com



Offer valid until 31st January 2016 - limited places available Terms & conditions apply









JANUARY SPECIAL OFFER

Beat the January Blues!

Had a great Christmas & New Years? Feeling a bit blue?

KICK START YOUR NEW YEAR WITH OUR SPECIAL OFFER

20% OFF 12 MONTHS MEMBERSHIP 10% OFF 6 MONTHS MEMBERSHIP

Not including Direct Debit Memberships / Terms & Conditions Apply

INDOOR CYCLE CLASS Mondays 7pm Fridays 6.45pm

Mondays /pm Fridays 6.45pm

EXERCISE FOR OVER 55s Wednesdays 8am

HIGH INTENSITY CLASS Wednesdays 7am

MORNING STRETCHING

Wednesdays 7.30am

CIRCUITS CLASS
Thursdays 7pm

WATER EXERCISE & WEIGHT LOSS Mondays 6.30pm Wednesday 10.30am

To book the above classes please ring 021 477 2345 Cost: €10 non-members or €5 members

PARENT & TODDLER CLASS Thursdays 10am Phone Marie-Anne 085 854 9246

SWIMMING LESSONS Group and Private Lessons
Text Sue 086 382 8463

PHYSIO FIT Pilates Classes, Physiotherapy Treatment
Phone Karen 087 672 8232

For any questions on Classes, Membership or Personal Training please call Actons Health & Fitness Club on 021 477 2345

Live @





PADDY CASEY

PLUS SUPPORT

Friday 22nd January, 8pm Tickets €20

For tickets call 021 4772209 or visit www.bluehavenstore.com 3/4 Pearse Street, Kinsale







KINSALE

Nervous about visiting us?

We now have the solution!

"Happy Gas" can be provided by our latest addition to the team, Dentist Maeve Murphy.



hello@kinsaledental.je Like us on Facebook www.kinsaledental.ie Kinsale Dental Health Centre, Pearse Street, Kinsale | Tel: 021 4772788

SIENNA LADIES CLOTHING STORE / BOUTIQUE

44 Main Street, Kinsale

el: 021 4700511 Mob: 087 1120907 Email: siennaboutique15@gmail.com

CONTINUES

OFF Many Lines In-Store OFF Jewellery, Shoes & Boots

Gift vouchers available





For Special Occasions Celebrate with us...

From intimate family occasions to grand celebrations, the Trident Hotel offers a stunning location, personalised service and sumptuous seasonal menus to ensure your event is one to remember.



021 477 9300 Email: info@tridenthotel.com Websile: www.tridenthotel.com



9



Say Hello...

to a healthier, happier, more confident you!







New Year... New Plan... New You!

I can't wait to tell you all about our new plan in today's meeting! Pull up a chair to hear all about it!

Changing lives in Ireland for 50 years

TRIDENT HOTEL, KINSALE EVERY WEDNESDAY 10.30am & 7pm

Call Colette on 087 9480261

Your local leader for 20 years

More info: weightwatchers.ie or call 1850 234123 / (01) 8703900



JUVENILE ACTIVITIES:

Mon: Kinsale Scouts from 6.30pm
Wed: Grassroots Tennis Coaching
for 5-12yrs olds from 3.30pm
Soccer Skills Coaching

for 11-13yrs old @ 7pm

Thurs: Designer Minds:

Science & Technology Club @ 4.15pm Fun Football for 9-14yrs @ 5pm

Fri: Kinsale Hockey from 3pm

Kinsale GAA: U8s-U12s @ 6.30pm

Sat: Kinsale AFC Soccer: U6s-U9s

from 9.30am

Sun: Kinsale GAA: U6s-U10s @ 11am

ADULT ACTIVITIES:

Mon: Zumba Toning @ 9.45am

Pilates & Postural Correction @ 10.45am

Mixed Social Hockey @ 8.30pm

Tues: Fitball Class @ 7pm

Wed: Slimming World from 5.30pm

Social Badminton @ 7.30pm Men's Social Soccer @ 8pm

Thurs: Fitball Class @ 10.30am

Body Movement Fitness Class

@ 6.30pm

For more information on start dates, prices or contact details, call 021-4773929 or email bookings@sailesportsandleisure.ie

FACILITIES AVAILABLE:

5-A-Side Pitch | Indoor Hall Community Room | Tennis Court Basketball Court | Community Garden

CRONINS

OFKINSALE

New floor is coming soon! See you in February.



THE GIFT STORE, J Cronin & Co Ltd., The Commercial Hall, Kinsale. Tel: 021 477 2192 Email: croninsofkinsale@gmail.com







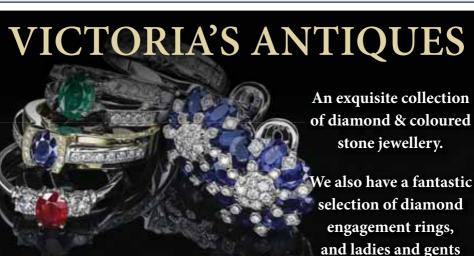
SAVE THE DATE FOR THE 5th KINSALE PINK RIBBON 10K WALK!

Sunday 17th April at 12 noon

The purpose of the Kinsale Pink Ribbon Walk is to both raise awareness and funds for Action Breast Cancer and, importantly, to show solidarity and offer support to family and friends affected by cancer.

This date is a little later than previous years as Kinsale Pink Ribbon Walk fully supports the 5k 'Caring for Ciara' Walk on 14th February at Garrylucas Beach.

For information and registration see www.pinkribbonwalk.ie



We do trade-ins and designing and re-modelling. Why not trade in your broken, unwanted jewellery for the piece of your dreams.

Rolex and Cartier watches.

2 Oliver Plunkett Street, Cork Tel: 021 427 2752 or 086 253 0043 Opening Hours: Tuesday - Saturday 11am - 5pm.



KINSALE TYRE & VALET CENTRE

Barrack Green, Kinsale 021 477 7764

The Tyre Specialists since the turn of the Century!

DISCOUNT TYRES

LARGE STOCK OF TYRES!!

MASSIVE DISCOUNTS!!

Wipers Supplied & Fitted Bulbs Supplied & Fitted



TOOL SALES
SOCKET SETS • SPANNERS
WHEEL RDACES



Just call us for the best tyre deals. GREAT PRICES! GREAT SERVICE!

JVC STEREOS AT GREAT PRICES



LINDEN ARDEN CONSTRUCTION

EXPERIENCED BRICK, BLOCK & STONE MASONS PAVING & CONCRETING

19 ton tipper truck / driver available for house, site & garden clearance & furniture removal.

JCB available for landscaping.

NO JOB TOO BIG OR SMALL

Kinsale & Cork area - Locally owned company

Call to view previous work & free quotations 086 028 7755





No. 9 Pearse Street, Kinsale Tel: 021 477 4500 Fax: 021 477 7374

www.fitzgeraldandpartners.com



Follow us on Facebook, Linkedin & Twitter: **[1] Linked in**







Registered to carry out audit work and authorised to carry on investment business by the Institute of Certified Public Accountants in Ireland.

ABOUT FITZGERALD & PARTNERS BUSINESS CENTRE

In today's changing economy, business in Ireland has seen unprecedented change.

At Fitzgerald & Partners Business Centre we are committed to our clients and to their business prospects in a rapidly changing environment on a cost efficient basis.

Fitzgerald & Partners Business Centre was set up to provide financial management and accounting services to meet the various statutory and Revenue responsibilities that are required of all business owners. We have gained extensive experience in the Business Centre to cater for the requirements of our clients, as we deal with a variety of businesses, from small sole traders or partnerships to small and medium sized limited companies. This allows us to present you with valuable insights and recommendations that address the concerns of all business owners. Our team will work with you to deliver accounting expertise and financial information that may not be available in-house.

We deliver and provide valuable and detailed daily, weekly and monthly data, to help our clients achieve the results they want and let them concentrate on the parts of the business they are good at.

Our clients are the best ambassadors of our service.



BOOK KEEPING SERVICES -

Our services are particularly gear Business and Start-up Businesse service provider which:

- Understands the client and the
- Has the technical knowledge requirements.
- Responds to new or changin
- Has the necessary systems for the future.
- Constantly reviews and mon ensure high service levels ar

Advantages of our Service incli

- Accounts are prepared on a
- The business owner will have picture at all times of creditor as profit/loss.
- Outsourcing the book keeping concentrate fully on running
- Confidentiality outsourcing keeps financial information more private than an in-house model.
- We act as your own bookkeeper but without the fixed costs associated with employing additional staff.
- Can look at business restructuring which we do for

FITZGERALD & PARTNERS

A QUICK OVERVIEW

ed towards Small and Medium s. We are ideally placed as a

neir needs. and ability to meet its clients'

g requirements. to support its clients now and

tors service standards to e delivered.

regular (usually monthly) basis. e an accurate and up to date s/debtors outstanding as well

g allows the business owner to he business.



clients.

WHAT WE CAN DO FOR YOU

We provide a comprehensive service that deals with all of the financial management and accounting services relating to the various compliance and Revenue responsibilities that are required of all business owners.

We are delighted to offer you the following services:

Management Accounts

We can prepare or supervise the production of monthly, bimonthly or quarterly management accounts to ensure that our clients are fully aware of the company's trading results at a specific point in time. This will involve a review of the business Key Performance Indicators and key financial balances such as bank, cash, debtors, creditors, and a full review of all Revenue liabilities to ensure that they are up-to-date.

Payroll Services

We provide services to small and medium-sized businesses on a weekly, fortnightly, monthly or quarterly basis including wages calculations, P30 returns, issuing payslips, general advice as regards holiday benefits, sick pay benefits, benefits in kind, etc.

Review of Accounting Systems/Training

We can provide specialist training for our client's accounting staff and a detailed review of their accounts system to ensure that the management accounts for the company are accurate and issued on a timely basis.

Book-Keeping / Accounting Services

For new business start-ups many clients do not have the knowledge or time to deal with the overbearing administration. They can concentrate more on the promotion of the business, whatever it may be, if we deal with the administration and compliance deadlines.







NEW YEAR NEW START!

ADULT ACTING CLASSES

Live the dream!

Call Ann Marie 087 975 5764 for more information www.dramaramacork.com Start your personal Operation Transformation

Get Céilí Fit!

TEMPERANCE HALL, KINSALE MONDAY NIGHTS

Beginners 8.00pm, Improvers 9.00pm



www.CeiliFit.ie to book online Enquiries to Fionan on 087 818 5111

"Mighty Craic, Great social night out," Mary, Kinsale

"I didn't have a partner but still had great fun." Patrick, Belgooly

"Better than an hour in the gyml" John, Dunderrow "Found II an easy way to meet the locals & felt welcome" Annika. German Aufair





BEST PRICE TAXIS

Tel: 087 237 1022

Email: cantyt@eircom.net www.bestpricetaxis.com

KINSALE TO CORK AIRPORT €25 KINSALE TO CORK CITY €30

You can save €10 per fare when you book with us!

IT'S A GREAT DEAL!

Your support for this community

event is much appreciated.

GONE FISHING!

Fishy Fishy is now closed until Wednesday 27th January

Wishing all our patrons a HAPPY & PROSPEROUS NEW YEAR. We look forward to seeing you soon. From Marie, Martin & all the staff

Gift vouchers and tickets for our Gary O'Hanton of Viewmount House guest chef luncheon - Wed 8th March are available to purchase online at

www.fishyfishy.ie





WILLOW & WEAVE

PLANTATION SHUTTERS - CURTAINS - BLINDS and much more -

LUXURIOUS NEW SHOWROOMS AS WELL AS THE BLIND-MAKER SERVICES YOU LOVE



Southside Industrial Estate, Pouladuff Road, Togher, Cork - (021) 43 20 111





KINSALE PEACE PROJECT



The next guest of the Peace Project is

Martin McGuinness

Deputy First Minister of Northern Ireland, and one of the signatories of the Historic Good Friday Agreement.

MORNING TALK AT 11am

Date: **Saturday 30th January** Venue: **Friary Centre, Kinsale**

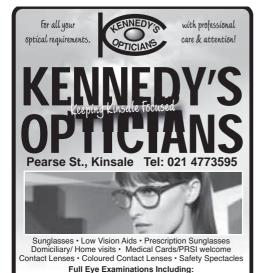
ADMISSION FREE - ALL ARE WELCOME

By kind permission of Prior Fr Peter.

This unique talk will be about the peace process, the Good Friday Agreement, power sharing, future of the North, etc.

www.kinsalepeaceproject.com







St. Vincent de Paul Kinsale Conference

Thank you to everyone who helped with the bag-pack in SuperValu and to all those who donated to it.

We wish to thank everyone who helped and supported the annual Christmas Concert. Many families were assisted at Christmas and will be supported throughout the year.

Contact SVP Kinsale in confidence if you need help financially or any with any other difficulty.

085 218 6966

Glaucoma Screening / Diabetic Screening if Necessary

✓ Age Related Macular Degeneration Screening OPEN TUESDAY-THURSDAY: 9.30am-5.30pm FRIDAYS: 8.30am-5.30pm (Closed for Lunch 1-2pm)

& SATURDAYS: 9.30am-3pm (Open through Lunch)

After 4 years we're back! RAMPART PLAYERS present

PANT **OPERA**



Featuring our friends, old & new. Tues 16th - Sat 20th Feb WATCH THIS SPACE!



















Whilst every care and attention is given to all advertisements published, we cannot take responsibility for the content or validity of these advertisements. If an advert has been proofed & cleared for publication by the advertiser, we cannot take responsibility for any errors.



Lower O'Connell Street. Kinsale, Co. Cork

(Between Shanghai Express & The White Lady)

COMPUTER & LAPTOP REPA

Spyware & Virus Removal • Data Recovery & Back-up Home & Business Networking • Computer Upgrades Home & Business On-Site Services

Computers • Laptops • Printers • Accessories • Ink toners

2 021 477 2042 **3** 087 807 3006

Email: Sales@CSonline.ie www.csonline.ie

Fasttrack Broadband

• Bandon

- Ballinadee

- Belgooly

Providing High speed ·Riverstick Ballygarvan broadband in your area!

No Phone line needed - No line rental Local Company with a local support team Packages starting from €23.80 per month

Contact Tristan on:

087 12118

Ballinadee, Bandon, Co. Cork

email: info@fasttrackbroadband.ie web: www.fasttrackbroadband.ie

CLASSIFIEDS

SERVICES AVAILABLE

THE NEXT STEP!

CALL JAMES FOR

PATIOS, BRICK PAVING, STONEWORK, GARDENING ETC. 086 1799263

SMALL LORRY LOADS OF RUBBISH REMOVED

SOUTH WEST ROOFING

All types of roof work • Chimney repairs Lead vallevs • All broken tiles replaced All gutters repaired/replaced

ALL WORK GUARANTEED FREE SERVICE CHECK ON ALL ROOFS

CALL DJ 021 601 7051 or 085 184 5087

KINSALE LANDSCAPES

Complete Design & Landscaping Service

Garden & Grounds Maintenance

Tel: 087 246 7890 PLANTING www.kinsalelandscapes.com

Automated & Manual Gates Mobile Welding Service • Security Grills & Barriers Balconies, Side Gates, Hand Rails & Railings Car and Boat Trailers



Contact Declan on 087 753 6376



www.facebook.com/KinsaleNews



LEONARD FEHILY PROFESSIONAL PAINTER & DECORATOR

Domestic & commercial Interior & exterior, wallpapering, kitchen units

Call 087 1830693



PROPERTY MAINTENANCE

Powerwashing, Painting, Gutters, Grass, Hedges

ALL STONEWORK, PAVING, SLABBING, GARDEN WALL PROFESSIONAL CHIMNEY & STOVE CLEANING

Contact Stephen Twomey 087 703 8733

PADDY IRWIN
PAINTER & DECORATOR
Quality Work Guaranteed





Horse Riding in Kinsale @



1 mile from town centre.

Lessons - Trekking - Livery Call Zoë on 086 8530894

www.kinsale-equestrian.ie



RD MINI DIGGER & TIPPER TRUCK HIRE

- Stone, Gravel, Sand & Topsoil Delivered
- Man with Van Service
- Truck with Crane (up to 2 ton lifts)
- Recovery Truck (Cars bought for cash)
- House Maintenance, Groundworks & Building Work

Call Ray 087 207 5100

25 YEARS EXPERIENCE



FULLY INSURED

THE ROOF DOCTOR

ALL TYPES OF ROOFS REPAIRED & REPLACED

Flat Roofs, Slates, Tiles, Lead Valleys, Chimneys, Gutters, PVC Fascia & Soffit. Roofs Power-Washed.

Mobile: 087 8248 064

Michael Foran
Painting Contractor

Professional Painting & Decorating Floor Sanding & Varnishing

Phone: 086 1798955



WASHING MACHINE SERVICES

FIXING OVENS, COOKERS, TUMBLE DRYERS, FRIDGES, DISHWASHERS, ETC...

CONTACT: JODY DRENNAN
OF ABC DOMESTIC APPLIANCE REPAIRS LTD.

M: 087 779 0804 T: 021 483 3032



Fascia and soffit, walls, footpaths, patios

HOT & COLD WASH

Call/Text: 086 318 2625

HOME & GARDEN MAINTENANCE

Tree, Hedge, Grass Cutting and Strimming Stone & Block Walls and Pillars Built Fencing • Power Washing - Hot & Cold Gutters Cleaned • Interior & Exterior Painting Chimnevs Cleaned - Brush & Vacuum

For great rates & free estimate RING PAT 086 828 8831

WHAT'S ON IN KINSALE & DISTRICT

Patios & Driveways Laid

Also: Footpaths, Slabbing & Kerbing Drainage, New & Repaired Garden Walls Built Gardens Cleared, Top Soiled & Laid Out Mini Digger Hire

> Micheal Dwyer 086 172 1022

HARD ROCK

Our priority is quality

DARIUS PINDEL

Painting, Tiling, Flooring, Stone Works, Gardening, Renovations, Maintenances,

T: 087 690 6975 E: darek7006@gmail.com

HEDGECUTTING SERVICES

Large tractor mounted hedgecutter. No hedge too high.

Call Martin Hurley 086 889 4663



CHIMNEY & STOVE CLEANING BRUSH AND VACUUM Call Martin Eaton

Tel: 021 4777746 Mob: 087 6441575

mirrors, glass tops, single & double glazing, glass films, safety glass, emergency glass repairs, window & door servicing, hinges, locks, handles, repair & replacement

Micheal O'Connor 086 815 1967



HANDYMAN AVAILABLE

Carpenter • Interior Plastering • Painting Call Diarmuid: 087 120 5025 TOP QUALITY WORK C2 & VAT REGISTERED

Hardwood Firewood For Sale **Quality Seasoned Hardwood** delivered to your door Call 087 415 6273

CARPET & UPHOLSTERY **CLEANING SERVICE**

FLOOR TILES CLEANED & POLISHED

COMMERCIAL & DOMESTIC

Chimney Cleaning Service Also Available Denis O'Sullivan 437 7315 • 086 207 0086



CONDON BROTHERS CONSTRUCTION

- Sub-Contracting
- Renovations
- Extensions
- Patios etc.

——No job too small!

Tel: 087 1756575 021 4770132







Servina Kinsale & District

Home Deliveries: 11kg, 34kg, 47kg Gas



COAL - SMOKELESS BLOCKS - BRIQUETTES KINDLING - TURF ETC. **Every Friday Morning**

Call 087 856 3246 **FREE DELIVERY**

YOUR ADVERT TO INFO@KINSALE ADVERTISER.COM

(All Sizes)

Also Agents for ELECTRIC BEDS Maurice Murphy Hardware, 65 Main St. 021 477 2257



CARPET & UPHOLSTERY

Full Domestic & Commercial Service Very Reasonable Rates

Call Noel: 087 9885638



- Free To Air Systems
- Saorview Combo Boxes · Sky TV - Sales & Service CCTV
- Satellite & Aerial Repairs

087 621 7813 021 477 3840

www.free2air-satellite.com Service/Repair • Plasma Wall Mounting All Work & Equipment Guaranteed

- Professional Driving Instructor
- Dual Controlled Car
- Available 24 Hours a Day. 7 Days a Week
- · Test Routes Covered
- Gift Vouchers Available

Mob: 086 190 5815 Tel: 021 437 0811

- Carbon Monoxide Testing -

Full carbon monoxide & combustion monitoring using latest digital analyser John McCarthy (Kinsale): 087 2377667

ANOTHER 7lb 10oz REASON TO TAKE OUT LIFE COVER

Protect your most valuable asset.

Life assurance cover starts from as little as €12 per month. For an appointment contact Padraig Fitzgerald, PJ Fitzgerald Insurance, 27 Pearse Street, Kinsale, Co. Cork.

Online underwriting, cheaper premiums, quicker cover

Tel: 021 477 2001

OPEN DURING LUNCH MON - FRI Or: 021 477 2332



itzgerald

www.pjfitzgeraldinsurance.com

HIMNEY CLEANING BRUSH & VACUUM

Also Carpet & Upholstery Cleaning Service. Denis O'Sullivan 021 4377315 - 086 2070086

GARDEN **CLEARANCE & BUILDING WORK**

Contact: 086 0287755

Martin Holohan Professional Painter & Decorator INTERIORS & EXTERIORS Belgooly, Kinsale, Co. Cork.

Call: 087 132 1792



DONAL DILLON BUILDING SERVICE Kinsale

For all your building requirements: Renovations, Extensions, Home Improvements, Painting, Patios, Stonework, Decking, Fencing, Donal 087 9204620 Ben 086 1621224



All our tyres are Cost Plus. The cheaper we buy, the cheaper you buy.

90 years selling tyres. Who knows better? Come to us for a quote, a recommendation and a free tyre check.



086 821 7777 021 477 2124

dandempseykinsale@gmail.com 24 Hour Breakdown Service



Furniture Restoration

Breathe new life into your old furniture or turn an unwanted piece into a statement. RE-FINISHING, FRENCH POLISHING, WAXING, PAINTING, WOOD AND VENEER REPAIRING. Call Greg at 086 084 9405

KINSALE AND THE SURROUNDING AREAS

Servicing and parts available for all brands and types of trailers.

IFOR WILLIAMS, INDESPENSION, BRIAN JAMES, DOOLEY, ETC.



General purpose, flat body, horse box, boat trailers & car transporters catered for, from fabrication to brakes, lights, suspensions, etc. TRAILERS CAN BE REPAIRED ON SITE OR IN WORKSHO

FREE INSPECTION & QUOTE ON ANY TRAILER. **CONTACT GER ON 086 8200673**

MARTIN CONLON

ELECTRICAL SHOWER REPAIR SPECIALISTS PI UMBING & HEATING

M: 087 254 3434 T: 021 477 1443

SITUATIONS VACANT



PART-TIME PIZZA CHEF REQUIRED

- Mature Experienced
 - Fluent English

Apply in writing to Bruno's Italian Eatery



FOOD & BEVERAGE ASSISTANTS REQUIRED

Contact Seamus at shealy@hotelkinsale.ie

CHEF REQUIRED FOR BUSY **BAR / RESTAURANT IN KINSALE**

Position starts on 1st March Apply in writing to Box No. 01/16, c/o Kinsale Advertiser, Emmet Place, Kinsale







SITUATIONS VACANT



BLUE HAVEN

Blue Haven seeks **FULL TIME**

SENIOR RECEPTIONIST

The ideal candidate would have 3 years' experience in a Hotel Receptionist position, high level of customer service, fluent written & verbal English and strong I.T & administration skills.

Please send your CVs to **hr@bluehavenkinsale.com**

Health Store Bandon

FULL-TIME & PART-TIME POSITIONS AVAILABLE

Nutritional background an advantage.

Call Terry on **087 9910759** or email **terryfole@gmail.com**

Whilst every care and attention is given to all advertisements published, we cannot take responsibility for the content or validity of these advertisements. If an advert has been proofed & cleared for publication by the advertiser, we cannot take responsibility for any errors.

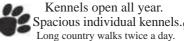
PETS

KITTY COVE BOARDING CATTERY I.B.K.C.A. APPROVED MEMBER

"Ensuring quality animal care"

Roberts Cove, Minane Bridge Tel. Lillian: 087 2188291

Belgooly Boarding Kennels & Cattery



T: 021 477 0796 - 086 066 9015

els.

FORT ARTHUR BOARDING KENNELS KINSALE Prop: Avril Copithorne Personal Attention Open All Year RASONABLE RATES

Tel: 021 477 8002 or 085 729 7233

ˈH**☆**me From H**☆**me'

Individually Heated Kennels • Large outdoor exercise area
BELGOOLY

Tel: 477 0919 - 086 392 3447 - 086 155 1541

DAY CARE CRÈCHE AVAILABLE

Don't forget to have your pet's vaccinations up to date! ...see your vet!

HEALTH, HAIR BEAUTY





61Main Street
Kinsale
Co. Cork



Tel: +353 (21) 477 3900 Email: fintanlynch@yahoo.com

Yoka Pauelsen

Kine-sio-logist Dip Kin, Dip AK, MKAI, MPRKCI

Kinesiology Therapy

A New Year, A New Chance for a Healthier You.

- · Feeling tired/unwell a lot of the time.
- · Worried about your health.
- · Feeling down and depressed.

087-9626000 or 021-4773898

Find me on Facebook Kinsale Kinesiology

ARTHRITIS SUFFERERS

CETYL MYRISTOLEATE (FISH OIL)

US studies found 80%-100% reduction in pain & immobility.

NOW EXCLUSIVELY AVAILABLE AT The Wellness Centre, 4 Newman's Mall Monday-Friday 9am-12pm Ph: 087 9243100

CHILDCARE



Montessori, Siolta & Aistear Based curriculum. Promoting Fitness in children. Babies - 5 yrs. PLEASE CALL JANICE O'CONNELL **086 277 0943**

or email janiceoco@gmail.com

BEL AMI HAIR STUDIO

Pearse Street, Kinsale

Rachel O'Brien

formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly



For appointments contact: 021 477 7337





AFFORDABLE AND EFFECTIVE

- · Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness
- introducing BRAND NEW H24!!!
- FREE Wellness evaluation, metabolic age & body fat tests.
- Not sure Herbalife is for you?
 Ask me about our special 3-day trial!

Call: NEIL 087 9243100



(places available from July 2016)

MONTESSORI CLASSES

(FREE pre school places available for children from 3yrs from Sept 2016)



Now taking bookings for 2016 (Limited places available)

Contact Fiona 087 224 8816

Email: fionaodonovan08@gmail.com Compass Quay, Kinsale









WHAT'S ON IN KINSALE & DISTRICT

CHILDCARE

Baby & Toddler Group

Temperance Hall, Kinsale **Tuesday 19th January** 10am to 12noon

(also on 2nd and 16th February)

Meet, chat & have a cuppa with other Parents while you watch your child play & interact. Make friends for life.



RELIABLE PERSON REQUIRED FOR BARYSITTING / LIGHT HOUSEWORK

3 afternoons a week - 3 miles from Kinsale CALL (NO TEXTS) 087 6427131

PROPERTY

OFFICE SPACE, KILBRITTAIN PRIVATE 2-STOREY, OFFICE/COMMERCIAL SPACE

800 sq ft. Soundproof, Wi-Fi, Car- Parking, WC, tea-making facility. €600 per month.

T: 086 853 3546 E: ocean1844@gmail.com

GRAZING - KILBRITTAIN

Quarter acre of grazing available in Kilbrittain. Suit donkey, pony or goats. Rent/fencing negotiable.

Contact: 086 853 3546

FULLY FURNISHED SELF-CATERING HOLIDAY HOME IN KINSALE

Available until end June 2016. Careful tenants only, suit couple.

Tel: 086 3310160

Guardwell Sheltered Housing Ltd. ROOM TO LET

In Kinsale town centre. Suitable for meetings, classes, clubs, etc.

Enquiries to: 086 0288686 or 086 1911688

NOTICES

MATHS GRINDS

023 8849523 KILBRITTAIN AREA

20 years experience. Junior Cert, Leaving Cert & 3rd Level. includes Project Maths.

KINSALE **BAPTIST CHURCH**

Sundays 11am Temperance Hall

All welcome

www.kinsaleabc.ie

Kinsale Dyslexia **Tutor**

Dyslexia tutor available for one to one tuition.

I use creative and fun teaching methods to improve children's reading, writing, speech & confidence. Registered with the Teaching Council of Ireland and the Dyslexia Association of Ireland.

Laura Kinsella BA(Hons), MA

Email: lbkinsella@gmail.com

Phone: 086 390 90 84

www.facebook.com/KinsaleDyslexiaTutor



WHAT'S ON IN KINSALE FRI 15th JAN - FRI 22nd JAN 2016

FRI 15th JAN

AUDIVOX:

Hearing clinic at O'Connor's Pharmacy, Kinsale 10am-1pm.

BLUE HAVEN:

Clem Buckley and Pat Carey.

FOLKHOUSE: The Frets, 10.30pm.

WILLOW & WEAVE:

Sale continues until Saturday 16th January.

SAT 16th JAN

BACCHUS NIGHTCLUB:

DJ Sean. 11.30pm.

BLUE HAVEN:

Barefoot Gypsies.

FOLKHOUSE:

Karma Parking, 10pm.

HAMLETS:

DJ Niall, 10pm.

SUN 17th JAN

BLUE HAVEN:

Sunday Sessions, 9.15pm.

FOLKHOUSE:

King K, 9pm.

KINSALE BAPTIST CHURCH:

11am.

Temperance Hall.

MON 18th JAN

BLUF HAVEN:

Mike O'Riordan. 9.15pm.

CEILI FIT:

Beginners Course, 8pm Improvers Class, 9pm at Temperance Hall.

DALTON'S BAR:

Tradition Music Session.

KINSALE COLLEGE:

Night Classes commence.

TUES 19th JAN

BABY AND TODDIFR GROUP:

Temperance Hall, 10am - 12 noon. BLUF HAVEN:

Sonny & Friends, 9.15pm.

KINSALE BRIDGE

CLUB:

Trident Hotel. 7.30pm.

WEIGHTWATCHERS:

Men Only Class. SMA Centre, Wilton, 8pm.

WED 20th JAN

BLUE HAVEN: Niall McCabe.

9.15pm.

RED CROSS KINSALE:

Open Evening, 8pm at Red Cross Centre.

WFIGHTWATCHERS:

Trident Hotel. 10.30am & 7pm.

THUR 21st JAN

ACTONS HOTEL:

Blood Donor Clinic.

BLUE HAVEN:

Eoghan Murphy, 9.15pm.

FRI 22nd JAN

BLUF HAVEN:

Paddy Casey plus support. 8pm. Tickets €20.

FOLKHOUSE:

The Watermelons. 10.30pm.

Kinsale

Are you concerned about the well-being of any young person? **FOR FREE & CONFIDENTIAL**

ADVICE & SUPPORT CONTACT TOM ON 085 872 5789

Summercove NS Parents Association

We would like to thank those who supported the Christmas raffle by buying tickets and those who generously donated prizes.

Special thanks to SuperValu, Blue Haven Hotel and Centra for facilitating ticket sales at their premises.

MATHS GRINDS

ALL LEVELS CALL 087 444 4436

KINSALE VOICES

Acapella Performance Choir

NEW TERM STARTS MONDAY 25TH JAN 7.30-9.30pm

CAFÉ BLUE, BLUE HAVEN HOTEL

NEW MEMBERS WELCOME

€10/€8 per 2 hour class waged/unwaged

"Kinsale Voices" Acapella Performance Choir For info call 086 8759949 **KinsaleVoices**





